

DEAR PARENT & ATHLETE,

IN ACCORDANCE WITH OUR LEGAL DUTY TO WARN OF POTENTIAL DANGERS IN PARTICIPATING IN INTERSCHOLASTIC SPORTS, PLEASE FIND BELOW A LIST OF INJURIES THAT YOUR CHILD COULD INCUR BY THEIR PARTICIPATION.

PLEASE BE AWARE OF THE RISKS THAT ANY ATHLETE UNDERTAKES WHEN THEY PARTICIPATE IN COMPETITIVE ATHLETICS. AT THE SAME TIME, PLEASE KNOW THAT OUR COACHING STAFF IS TRAINED IN MANY ASPECTS OF CARE & PREVENTION OF ATHLETIC INJURIES AND ALSO IN CPR. WE HIRE COMPETENT COACHES TO WORK WITH YOUR CHILDREN. ALSO, BE ADVISED THAT HANOVER HIGH SCHOOL DOES EMPLOY AN ATHLETIC TRAINER TO WORK WITH COACHES & ATHLETES REGARDING CARE AND PREVENTION OF INJURIES.

WE TAKE VERY CAREFUL STEPS TO HELP INSURE YOUR ATHLETE'S SAFETY.

SOME POTENTIAL INJURIES THAT MAY BE INCURRED DURING PARTICIPATION IN INTERSCHOLASTIC SPORTS:

Strains	Sprains	Contusions
Broken Bones	Dehydration	Abrasions
Blisters	Concussions	Cramping
Fractures	Punctures	Dislocations

SOME SPORT-SPECIFIC INJURIES THAT MAY BE INCURRED

<u>SPORT</u>	<u>POTENTIAL INJURY</u>
Football	Neck & Back Injuries, Knee Injuries
Ice Hockey	Groin Strains, Knee Injuries, Facial Lacerations
Soccer/Field Hockey	Eye Damage
Tennis	Elbow Inflammation, heat exhaustion

Please understand that due to our legal responsibilities, it is our duty to warn/inform you that some severe injuries incurred during athletic participation could result in paralysis and/or death. We will continue to do everything in our power to protect athletes and coaches from any such injuries.